

# IN-FLIGHT MENU

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#### **CONTINENTAL BREAKFAST**

#### **Breakfast Cheeses**

A selection of sliced European cheeses, bread, grapes, apricots and nuts

#### Charcuterie

A selection of sliced, cured meats with cherry tomatoes

#### **Roasted and Smoked Meats**

A selection of sliced chicken, duck and beef with cherry tomatoes

#### **Smoked Salmon**

Caper berries, rustic bread and cream cheese

#### **Fruit Platter**

A selection of sliced fruit with mixed berries

# **Fruit Brochettes**

Skewered fruit cubes with fruit purée or Greek yoghurt and honey

#### **Granola Parfait**

Layers of berries, fruit granola, yoghurt and honey served in a glass tumbler

#### **Bircher Muesli Rolled**

Soaked in apple juice and milk, finished with dried fruit served in a glass tumbler

#### **BAKERY AND VIENNOISERIE**

**Croissants** 

**Danish Pastries** 

**Mini Danish Pastries** 

**Sweet or Savoury Muffins** 

# **Toasted Bagels**

- Smoked salmon, cream cheese and dill
- Pastrami, Swiss cheese and pickles
  - Smashed avocado and chilli jam

#### **Artisan Bread Rolls**

With creamy French butter

#### **Baguettes**

With creamy French butter

#### **Gourmet Loaves of Bread**

With creamy French butter

#### **Fruit Baskets**

Small, medium or large

# **Mixed Berry Baskets**

Small, medium or large

# **Yoghurts**

a choice of plain, fruit in a glass jar or Greek style



#### **ADDITIONAL ITEMS**

# **Eggs of Your Choice**

Scrambled, poached or fried with toast and butter

#### **BREAKFAST SIDES**

- Turkey bacon
- Sausages
- Chicken sausages
- Smoked salmon
- Breakfast rösti potatoes
- -Sautéed mushrooms
- Grilled cherry tomatoes
- Baked beans
- -Toast with creamy French butter

#### **Omelettes**

• Plain or filled,

# **Egg White Omelettes**

• Plain or filled,

# **Crushed Avocado with Poached Eggs & Sourdough Toast**

• add Smoked salmon please request your fillings when ordering

#### Shakshuka

Eggs baked in a ramekin with a lightly spiced tomato sauce

# American Style Pancakes or French Toast with Maple Syrup

- Fresh berries
- add Caramelised banana

#### Milk

1L cartons of full cream /semi skimmed / skimmed

#### **Alternative Milk**

1 litre cartons of soya / almond / coconut / hazelnut / rice / lactose-free

#### **Juices**

Freshly squeezed juices supplied in half or 1 litre bottles: orange / apple / grapefruit / pineapple / strawberry / carrot / lemon and mint / healthy green juice / mango

#### **Smoothies**

• We make a wide range, please ask when ordering

#### **Cleanser Juices**

• We make a wide range, please ask when ordering

#### Lemons

• Sliced or whole

#### Limes

Sliced or whole

# **Raw Organic Eggs**

Supplied in boxes of 6



#### **CANAPES**

# **Cold Canapés**

Assorted cold canapés (6 per portion)

# **Chefs Examples:**

- Beef and blue cheese crostini
- Coronation chicken filo basket
- Quails egg and caper tart
- Gin cured salmon, beetroot & crème frâiche
- Crab and avocado croustade
- Foie gras choux bun
- Goats cheese truffle
- Sun blushed tomato tatin -
- Sesame tuna with yuzu mayonnaise
- Courgette, sun blushed tomato, feta & mint

#### **Hot Canapés**

Assorted hot canapés & dipping sauce (4 per portion)

# **Chefs Examples:**

- Salmon coulibiac
- Lamb kofta
- Prawn skewer
- Wild mushroom arancini
- Chicken satay
- Beef teriyaki
- Mini fish cake
- Chicken and leek turnover
- Haloumi, mint and lemon spring roll
- Mediterranean vegetable pasty

#### **CAVIARS**

# Special Reserve Alverta™ Caviar

Alverta caviar is well-known for its nutty flavor and soft, buttery finish, but select Special Reserve batches feature a welcome surprise: a rare touch of sweetness amid the warm, briny notes.

#### **Royal Baika Caviar**

Revered across the globe as "Siberian caviar", Baïka originates from the legendary Russian Lake Baikal, but can now be found on many continents, being farmed under the same exact conditions

#### **Classic Baika™ Caviar**

A caviar this dark and deep could only be plucked from the cold fathoms of Lake Baikal, the world's deepest lake, in Russian Siberia.

# **Special Reserve Kaluga Huso Hybrid**

The Kaluga Huso Special Reserve caviar collection will delight the caviar-lover who thinks they've seen it all. Its huge, glossy grains sing to the eyes in bright amber and vibrant malachite.

# **Tsar Imperial ™ Kaluga Huso Hybrid**

Bred from a close cousin of the Beluga sturgeon, the golden bronze grains of Kaluga Huso Hybrid caviar are rapidly emerging as one of the world's finest types of caviar.



#### SUSHI

# Sushi Selection of Maki, Nigiri and California rolls (7 per portion)

# Sashimi Slices of salmon and tuna, with a seared scallop

# **Tempura**

• Prawns, or vegetables like green beans, pumpkin, daikon mooli radish, and sweet potato.

#### Yakitori

 Small skewers of bite-size chicken pieces seasoned with salt or brushed with a sauce, or tare, of mirin rice wine, soy sauce, sake alcohol, and sugar

#### Ramen

 Noodle soup dish consisting of wheat noodles, avoury broth (soy sauce, salt, miso, and tonkotsu pork bone are the four main ramen broth bases) and toppings of meat, protein, and/or vegetables, nori seaweed, spring onions, bamboo shoots, and others.

#### Yakisoba

• Fried noodle dish made by barbecuing or stir-frying a combination of noodles, sliced cabbage, meat, carrot and other vegetables, and a barbecue style yakisoba sauce.

# **Miso Soup**

Sushi Garnish Pack Chopsticks, pickled ginger, soy sauce and wasabi Complimentary with sushi orders



#### SALADS

Caesar Salad Cos lettuce, lardons, sun blushed tomatoes, anchovies, quails eggs, croutons and Parmigiano Reggiano with Caesar dressing Add Chicken /Char-grilled King prawns/Char-grilled salmon

**Greek Salad Feta**, tomatoes, cucumber, red onion, olives, peppers and parsley with herb dressing

**Tuna Niçoise Seared tuna**, red onions, new potatoes, quails eggs, peppers, anchovies, fine French beans, cherry tomatoes and olives with Dijon dressing

**Cobb Salad** Char-grilled chicken breast, Roquefort cheese, chicory, watercress, quails eggs, cherry tomatoes, chives, avocado, bacon and croutons with blue cheese dressing

**Seasonal Superfood Salad** Broccoli, cabbage, curly kale, kalettes, French beans, broad beans, courgette, baby spinach, baby watercress and rocket with grain mustard dressing

Rocket and Soft Herb Salad Mixed leaves, pine nuts, Parmigiano Reggiano and cherry tomatoes with balsamic dressing

Roasted Mediterranean Vegetable Couscous Basil and Heritage Tomatoes and Bococcini Salad Pesto dressing

Strawberry Salad with Arugula
Salted Caramel Walnuts, and a spicy honey vinaigrette

**Asian Cucumber and Carrot Salad** Chilli and sesame seeds

#### **SANDWICHES**

Our chefs can prepare a selection of sandwiches for you or request your own fillings

#### **Assorted Cocktail Sandwiches Bite**

Sized triangles on an assortment of breads

# **Assorted Wraps Filled soft tortillas**

#### **Assorted Filled Baguettes**

Crusty demi baguettes

#### **Open Sandwiches Deli style**

 Toppings on a slice of gourmet bread 2 pieces per portion

#### **Club Sandwich Toasted**

• Triple decker chicken, ham, salad & coleslaw

#### **COCKTAIL SANDWICH PLATTERS**

- Medium Platter Holds 6 rounds (24 triangles)
- Large Platter Holds 8 rounds (32 triangles



## **PLATTERS**

Please specify the number of portions you require on each platter

#### **Seafood Platter**

Half lobster, poached salmon, King prawns, scallops, crab, langoustine, smoked salmon and capers with seafood sauce

#### **Smoked Salmon**

Caper berries, rustic bread and cream cheese

#### **Smoked Fish Selection**

Salmon, mackerel and trout with horseradish cream

#### **Cold Meat Selection**

Sliced roasted chicken, beef, Parma ham, salamis and smoked duck with gherkins and grilled artichokes

#### **Cold Meat Selection**

No Pork Sliced roasted chicken, beef,
 turkey, llamb speck and smoked duck with
 gherkins and grilled artichokes

#### **Selection of Antipasto**

Cured meats, capers, olives, anchovies, roasted vegetables, sun blushed tomatoes, grilled artichokes, bococcini and ciabatta

#### **Artisan Cheese Platter**

A selection of European cheeses with cheese biscuits, walnut bread, grapes, dried apricots, nuts and grape chutney

#### **Whole Baked Camembert**

or Vacherin Mont D'or when in season Crudités and toasted flutes (1 – 3 persons to share)

# **Vegetable Crudités**

Vegetable batons with one of the following dips: soured cream and chive, guacamole, hummus, tomato salsa, mint yogurt or baba ghanoush



# **STARTERS**

#### **Confit of Duck and Foie Gras**

Parsnip purée Pain d'epices, baby leaves

#### **Roasted Cauliflower**

lemon and mint dressing, golden raisin purée and dukkah

# **King Crab and Mango Salad**

king crab, mango and avocado with ginger lime and chilli dressing

#### **Vitello Tonnato**

thin slices of veal fillet with a creamy tuna dressing and capers

# **Beetroot Carpaccio**

seeded goat's cheese, chicory and mustard dressing

# **Grilled Aubergine and Tabbouleh Salad**

crispy aubergine and tahini lemon dressing

#### **Salmon Tsarina**

Nicest Cut of the Salmon served with all Classic Condiments & Blini's

# **Salmon Tartare**

Freshly Chopped & Seasoned Salmon ready to serve

#### **Tuna Tataki**

Grolled on the outside, raw in the middle, spiced & garnished

#### **Seafood Ravioli**

Homemade ravioli stuffed with Seafood & served with a light Tomato Sauce

#### **Vegetable Ravioli**

Homemade ravioli stuffed with Seasonal Vegeatable & served with a light Tomato Sauce

#### **Smoked Duck Fillet**

Layers of thin slices duck filet with a blueberyy sauce

# **Vegetarian Quiche**

Warm or Cold filled with seasonal vegetable

#### **Jumbo Kind Prawns**

Served on a skewers or on a plate, with lemon sauce

# **Salmon & Avocado Tartare on Toast**

with Citrus Sauce

# **Tuna & Avocado Tartare on Toast**

with Citrus Sauce



# **SOUPS**

**Lobster Bisque** 

with Half Blue Lobster

**Green Pea Soup** 

with Mint

**Roasted Pumpkin Soup** 

**Rustic Ratatouille Soup** 

**Creamy Mushroom Soup** 

**Carrot Soup with Ginger** 

**Red Tomato Gazpacho** with Croutons

Truffle and Leek potato Soup

**Moroccan Harira Soup** 

with Chickpeas and Spiced Vegetable

Broccoli & cream

**Chicken noodles & vegetables** 

**Silky Zucchini Soup** 

La Cassola

Typical Sardinian fish soup with olive oil, garlic, chopped onion, parsley, sun-dried tomatoes and assorted fresh fish and seafood

Corn and Lentil Soup

with Curry and Almond milk

**Watercress Vichyssoise** 



#### MEAT

#### Chicken Fricassée

Pan fried chicken supreme in a white wine and morel sauce with wild rice and asparagus

#### **Steak au Poivre**

Pan fried beef fillet, cavolo nero and dauphinoise potatoes with green peppercorn and brandy sauce

# **Thai Green Chicken Curry**

Coconut rice and lime pickled cucumbers

# **Beef Bourguignon**

Slow cooked ox cheek in red wine with smoked mash potato, glazed carrots and shallots with a bacon crumb

# **Southern Spit Roasted Chicken**

Half a spiced roast chicken, coleslaw, chips and BBQ jam

# **Lamb Rogan**

Josh Spiced lamb rack, couscous pilaf, baby aubergines, Rogan Josh sauce and mint yoghurt

# **Peking Duck**

Aromatic crispy duck, pancakes, cucumber, spring onions and hoisin sauce

# **Veal Milanese**

Spaghetti aglio e olio, cherry tomato sauce and rocket

#### **FISH**

# **Fish and Chips**

British ale battered cod fillet, triple cooked chips with pea and mint purée

#### **Sea Bass**

Provençal Roasted sea bass, braised fennel, sun blushed tomatoes, olives and dill

# **King Prawn**

Korma Pilaf rice with mint and fennel raita and mango chutney

#### **Halibut Pad Thai**

Pan fried halibut, stir fried rice noodles, mixed nut crumb and coriander salsa

#### **Lobster Macaroni**

Vegetables with Parmigiano Reggiano

# **VEGETARIAN**

# **Potato and Chickpea**

Masala Pilau rice, crispy onions, coriander and cumin biscuit

**Spinach and Ricotta Ravioli** Arrabbiata sauce, toasted pine nuts and rocket salad

# **Wild Mushroom and Asparagus Risotto**

Parmigiano Reggiano crisps, fennel and herb salad

Moussaka Lentil and aubergine ratatouille, mixed leaves and garlic ciabatta



# **MEAT**

# **Bresse Chicken**

Lobster, saffron mash and red pepper

#### **Galician Beef**

Celeriac, blue cheese and ale

# **Aylesbury Duck**

Spiced confit, cherries, bok choy and almonds

## **Rose Veal**

Foie gras, dauphinoise and truffle

#### **Salt Marsh Lamb**

Charred gem, anchovies and black garlic

#### **Ilberico Pork**

Fennel pollen, miso and apple

# **FISH**

#### **Dover Sole**

Salsify, cucumber and brown shrimp

#### Skrei Cod

Mussels, caviar, coastal vegetables and curry

#### **Black Bass**

Orzo nero, squid ink, port grapes and red mizuna

#### **VEGETARIAN**

# **Champagne and Truffle Risotto**

Parmigiano Reggiano and Alba or Perigord truffles depending on season

#### Gnudi

Butternut squash, sage and pine kernels

Roasted Roots, Super Grains and Greens Kale pesto and vegetable crunch



#### **PASTA AND RISOTTO**

#### **Truffle Tortellini**

thyme butter, sweet peas, asparagus and almonds

# **Tagliatelle Alfredo**

tagliatelle tossed in a butter and parmesan sauce with parsley

# **Spaghetti Bolognese**

spaghetti pasta with a rich beef and tomato ragu

#### Ricotta Tortellini

ricotta filled pasta with a tomato and basil sauce

# **Champagne and Truffle Risotto**

with cream, champagne and shaved truffles

# **Wild Mushroom Risotto**

with seasonal wild mushrooms and parsley

# **Roasted Vegetable Risotto**

# **Lobster Risotto**

with sea vegetable

#### **Penne Pomodoro**

penne pasta with a tomato sauce and grated parmesan

#### **Macaroni and Cheese**

#### **LASAGNA**

# **Beef Lasagna**

beef ragu, layered between pasta and béchamel sauce

# Vegetable Lasagna Mediterranean vegetables, layered with egg pasta and tomato couli

# **PIZZA**

LARGE SELECTION AVAILABLE IN
DIFFERENT SIZE (FROM KIDS SIZE TO
XXL Large,

#### **ANTIPASTO PLATTER**

Selection of **Cured meat, Cheese** options (gorgonzola, mozzarella, parmigiano reggiano, asiago & fontin, **Vegetables** roasted red bell peppers, grilled eggplant, pepperoncini, cherry peppers, marinated artichoke hearts, grilled & marinated mushrooms, roasted tomatoes pickled garlic cloves and crudites such as cucumber, cherry tomatoes and carrots, **Olives**, **Ciabatta slices**, hard breadsticks, crostini, **Almonds**, **figs** 



#### **ARABIC CUISINE**

#### **Traditional Cold Mezze**

Stuffed vine leaves, lamb kofta, feta, tabbouleh, roasted peppers and aubergines served with hummus, baba ghanoush, olives and Arabic flatbread

#### **Traditional Hot Mezze**

Chefs choice of 4 pieces, served with hummus, baba ghanoush, olives and Arabic flatbread Choose from: – Crispy halloumi – Kibbeh – Cheese bourka – Spinach fatayer – Lamb kofta – Sambousak chicken – Lamb manakish – Za'atar manakish

# **SALADS**

**Tabbouleh Salad** Bulgur wheat, onions, tomatoes, herbs, lemon juice and olive oil

**Greek Salad Feta,** tomatoes, cucumber, red onion, olives, peppers and parsley with herb dressing

#### **Pickled Beetroot Salad**

Spiced lentils and yoghurt

#### **Fattoush Salad**

Cos lettuce, cucumber, tomatoes with toasted Arabic flatbread pieces

#### **MAIN DISHES**

#### **Bonfile**

Pan fried beef fillet with chilli and charred tenderstem broccoli

#### **Cop Sis**

Marinated lamb skewers and vegetables with mint yoghurt and Arabic flatbread

#### **Chicken Tabaka**

Pressed whole poussin with sliced chillies and tomatoes

#### Samak Harra

Harissa spiced salmon, roasted golden beetroot and orange with tahini dressing

# **VEGETABLES**

# **Crushed Potatoes**

Mint and spring onion

# **Roasted Butternut Squash**

Toasted almond, chilli and yoghurt

# **Roasted Cauliflower**

Saffron, pine nuts and raisins

# Lebanese Rice Vermicelli noodles



#### **DESSERTS**

# **Chocolate and Orange Delice**

Seville orange marmalade and segments

# **Baked Blueberry Cheesecake**

Vanilla and blueberry continental style cheesecake with a berry coulis

# **Passion Fruit and Elderflower Tart**

Mango sorbet

#### Crème Brûlée

Madagascan vanilla and tonka bean cream baked in a ramekin with a vanilla tuille

#### **Tiramisu**

Layers of espresso soaked biscuit sponge and Marsala flavoured cream with chocolate shavings

# **Spiced Plum and Apple Crumble**

Mascarpone ice cream

# Lime, Mascarpone, Ginger and White Chocolate Bavarois

Stem ginger, mascarpone and lime cream on a sponge base with a lime and ginger syrup

## **Rhubarb Parfait**

Layers of rhubarb jelly and custard with poached rhubarb and meringue

# **Tropical Fruit**

Lime and coconut sorbet, papaya mousse, pineapple and passion fruit curd with caramelised banana

#### **CAKES**

From our own dedicated in-house bakery we can produce upon request a variety of cakes

#### **CHOCOLATES AND PETIT FOURS**

All chocolates, petit fours, truffles and macarons are handmade in our bakery using the finest chocolate couvertures and ingredients

Presentation Box of 5 Pieces Boxes Please specify amount required

#### **ICE CREAM AND SORBET**

All flavours and sizes can be supplied and will be packed on dry ice for your convenience

Individual 100ml Tubs of Ice Cream 500ml Tubs of Ice Cream / Sorbet Dry Ice 1kg Blocks Polystyrene Box

Yoghurt Panna Cotta Fig and honey

Pistachio Cake Cardamom glaze

#### Baklava

Sweet dessert pastries, made with layers of filo filled with chopped nuts, sweetened and held together with sugar syrup

#### **Café Gourmant**

Chefs selection of three of our miniature desserts



#### **DRINKS**

# **CABIN ESSENTIALS**

# **Freshly Squeezed Juices & Smoothies**

From Freshly Squeezed OJ to any Smoothie you could imagine

#### Water

- Evian 33cl, 50cl and 1.5 litres
- Fiji 33cl, 50cl and 1.5 litres
- Volvic 50cl and 1.5 litre
- Voss still/sparkling 37cl, 80cl glass bottles
- Perrier 33cl cans

# **Soft Drinks**

Please specify your requirements 330ml cans

# Coffee

Freshly brewed Arabica coffee

#### Tea

Please specify your requirements

#### **Hot Water**

Available upon request

# **International Printed Newspapers**

We can print from 120 countries in 60 languages, please specify your requirements

# **Personal Shopping**

We are happy to purchase any other items that you require

#### **Flowers**

Contemporary flower arrangements tailored to your style and colours, please specify your requirements

#### **Ice**

Ice cubes 2 kg bags Crushed ice 2kg bags Dry ice 1kg blocks

# **Hot Towels**

Towels are supplied in trays of 10



# **WORKING WITH YOU**

Our menus have been designed to be flexible and accommodate all tastes, religious, cultural and personal dietary needs. We are happy to tailor dishes to suit individual requirements.

# **CONCIERGE**

Our team are happy to discuss your requirements and help plan your menus. Food can be collected from any restaurants. Services such as flowers, wines, laundry and any personal shopping can be sourced.